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RESEARCH PAPER

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Studies on dehydrated carrot cubes

■ SHRIRAM BHOJ, SURENDRA R.PATIL* AND ARVIND M. SONKAMBLE

College of Horticulture, Dr. Panjabrao Deshmukh Krishi Vidyapeeth, AKOLA (M.S.) INDIA (Email:srpatil1812@rediffmail.com)

*Author for Correspondence

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SUMMARY :

An investigation was carried on the effect of pre-treatments on quality of dehydrated carrot cubes at Department of Horticulture, Dr. Panjabrao Deshmukh Krishi Vidyapeeth, Akola. The pre-treatment T_8 (Blanching in 55 ^oBrix sucrose solution and soaking in 1.0% KMS solution for 60 min) was found superior in maintaining maximum total carotenoid (850.13 µg/g), total sugar (15.13%), crude fibre (8.84%) and rehydration ratio (5.07). However, maximum moisture (13.27%), dehydration ratio (9.15) were registered in control. While, minimum (12.17%, 8.06) in pre-treatment T_8 (Blanching in 55^o Brix sucrose solution and soaking in 1.0% KMS solution for 60 min.) dried in cabinet drier with the advancement of storage period. During storage, the physicochemical parameters like moisture, total sugar showed increasing trend while, rehydration ratio and total carotenoid content expressed the decreasing trend with the advancement of storage period. Crude fibre content remained constant with the advancement of storage period. Regarding sensory scores, the rehydrated carrot cubes prepared from the T_8 (Blanching in 55 ^oBrix sucrose solution and soaking in 1.0% KMS solution for 60 min) dried in cabinet drier secured the maximum score upto 80 days.

KEY WORDS : Carrot, Dehydration, Total carotenoids, Crude fibre, Total sugar

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